

How To Properly Wear Your Clutch Grips® For Ultimate Fit, Comfort and Performance

Now that you've made the right decision to enjoy the many benefits Clutch Grips® can add to your workouts, follow these simple steps to assure the optimal fit, comfort and performances:



1. Slide hand under **Back Hand Support Guard** and Over **Shock Absorber**

2. **Adjust Back Hand & Knuckle Straps:**

- This can be a one-time adjustment you don't have to refit each time
- Then just slide your hands through

3. **Adjust Wrist Strap**

- Tighten to fit wrist between **Back Hand Guard Support and Wrist Bumper**

4. **Tighten Thumb Strap On Raptor:**

- Place thumb under **Shock Absorber**
- Adjust to comfort level

5. **Your Ready To Workout!**

How Clutch Grips should appear when properly wrapped around your hands.

- * Raptor R-1 shown with Thumb Strap

***Step 4: Thumb Strap applies only to Raptor R-1** • Disregard if you purchased Eagle Talon and Monkey Paw Clutch Grips which do not have Thumb Straps